

2022/2023 PE AND SPORT PREMIUM DEVELOPMENT PLAN

EVIDENCING THE IMPACT & SUSTAINABILITY

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The school sport and activity action plan sets out the government's commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day. It recommends 30 minutes of this is delivered during the school day (in line with the Chief Medical Officer guidelines which recommend an average of at least 60 minutes per day across the week).

The PE and sport premium can help primary schools to achieve this commitment, providing primary schools with £320 million of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to schools, so they have the flexibility to use it in the way that works best for their pupils.

SCHOOL

Lumbertubs Primary

HEAD TEACHER

Ceri Cook

PE COORDINATOR

Emilie Harbottle

PE & Sport Premium: Government intent

Ensure that pupils have access to at least 30 minutes of physical activity during the school day, alongside high-quality PE provision taught by confident and knowledgeable teachers and opportunities to experience and participate in a wide range of sports and physical activities.

PE & Sport Premium: School intent

Our vision here at Lumbertubs Primary, is to inspire children to participate and compete in physical activity and to understand the importance of an activity and healthy lifestyle which will continue into adulthood. We pride ourselves on ensuring that we offer our children every opportunity to be the best they can be, fulfilling our school motto of –Aiming for the top! We believe that whole school engagement in a high-quality physical education curriculum will embed our core values and key drivers.

Our Curriculum drivers are to:

- foster independence in our pupils by providing experiences to develop life skills for today, tomorrow and the future
- provide opportunities for our pupils that will allow them to appreciate what is possible in the world around them
- help build an aspiring future for our children by encouraging them to have hopes and ambitions for the future

Through these drivers and our teaching, we aim to:

- enable children to become confident, resourceful, enquiring and independent learners
- foster children's self-esteem and help them build positive relationships with other people
- develop children's self-respect and encourage children to respect the ideas, attitudes, values and feelings of others
- promote an ethos of care and support, where effort is valued and success celebrated
- enable children to become active, responsible and caring members of the school and wider community

KEY OUTCOME INDICATORS: UPDATED 2022/2023

Schools can use the funding to secure improvements in the following indicators;

Key outcome indicator 1: Increased confidence, knowledge and skills of all staff in teaching PE and sport

- providing staff with professional development, mentoring, appropriate training and resources to help them teach PE and sport more effectively to all pupils and embed physical activity across your school

Key outcome indicator 2: Engagement of all pupils in regular physical activity

- embedding physical activity into the school day through encouraging active travel to and from school, active break times and holding active lessons and teaching
- providing targeted activities or support to involve and encourage the least active children

Key outcome indicator 3: Profile of PE and sport is raised across the school as a tool for whole-school improvement

- actively encourage pupils to take on leadership or volunteer roles that support the delivery of sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- embedding physical activity into the school day through encouraging active travel to and from school, active break times and holding active lessons and teaching

Key outcome indicator 4: Broader experience of a range of sports and activities offered to all pupils

- introducing a new range of sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- providing more and broadening the variety of extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sports organisations

Key outcome indicator 5: Increased participation in competitive sport

- increasing and actively encouraging pupils' participation in the School Games
- organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations
- provide children and young people with adequate preparation to ensure they gain positive experiences to sustain their involvement

EVIDENCING THE IMPACT: REVIEW OF PE AND SCHOOL SPORT PREMIUM EXPENDITURE 2022/2023

Key priorities to date	Key achievements & Impact	How will these achievements be sustained or further developed in 2023/2024?
1. Increase confidence and skills of staff in teaching PE and Sport	Key ACHIEVEMENTS Teaching in PE is progressive across the year group and across the school. Children are receiving 2 hours a week following a well structured set of lessons.	Continue to develop the PE curriculum in school by giving the teachers the lesson plans so the correct standard is taught. Teachers are more confident to teach PE lessons due to the nature of the scheme which has been implemented. This has allowed good CPD for the teachers with the support of the PE lead and the supportive videos to follow.
	Impact on PARTICIPATION All children are able to participate no matter what the ability. It is progressive across the year and across the school.	
	Impact on ATTAINMENT Children have clear and progression learning objectives for their age which will support their skills progression in the next year in their Physical Education lessons.	
2. Engagement of all pupils in regular physical activity	Key ACHIEVEMENTS Playmakers have been implemented across the school to support play at Lunchtimes. Children who are not regular attendees for afterschool clubs have been invited to breakfast club to increase the importance of regular activity.	The breakfast provision will continue next year to encourage more children to be active for longer. Target of 82% to be engaged in regular exercise outside of school hours which we aim to increase to 90% next academic year with even more clubs being added to the after school provision.
	Impact on PARTICIPATION Participation levels across the school for external clubs and activities have increased which has resulted in 82% of children attending a club or competition. 100% of children have had 2 hours PE per week as well as active break and lunchtimes.	
	Impact on ATTAINMENT Children who have had the opportunity to attend free breakfast club have since signed up to an afterschool club.	
3. Profile of PE and sport is raised across the school as a tool for whole-school improvement	Key ACHIEVEMENTS New clubs have been introduced this year to promote the importance of keeping fit and healthy. This has increased the club attendance. Links with Northampton Saints foundation have allowed all children to participate within these sessions for both theory and practical sessions.	The PE profile has increased this year with a clear display in place for the children to see what activities are going on in and around the school. The assembly features a sports star's slot to promote any sports and achievement inside and outside of school. Links with Northampton Saints foundation remain strong and Lumbertubs will continue to keep this working relationship alongside them next academic year.
	Impact on PARTICIPATION Increased number of clubs has engaged more pupils to take part in being active beyond the school gate. Working alongside the Northampton Saints foundations has also allowed all children to increase their experience with different coaches and sports activities to promote the importance of staying active and keeping healthy.	
	Impact on ATTAINMENT Children have a thorough understanding of how to keep actively fit and how to stay healthy.	

4. Broader experience of a range of sports and activities offered to all pupils	Key ACHIEVEMENTS Fit for life week allowed 100% of children at Lumbertubs to participate in sporting activities such as trampolining, table tennis, cheerleading, dance and Quidditch for Muggles. 100% of children have worked with Northampton Saint Foundation on the 5-week 'Tackling Health' programme, which included theory session about keeping healthy followed by 1 hour practical session in addition to their 2 hours PE.	Lumbertubs has been working with 'Healthy School Northampton' to ensure that the children have a well-rounded idea of what it means to stay healthy. This will continue next year to obtain the Bronze award.
	Impact on PARTICIPATION Year 3, 4, 5 and 6 have all been off site to try new adventurous activities as part of a 'fun day' or residential.	
	Impact on ATTAINMENT 70% of children are age related in PE across the school which has been carefully tracked and monitored for all areas of PE through the National Curriculum.	
5. Increased participation in competitive sport	Key ACHIEVEMENTS Competitions have taken part across the county, with other local schools and within our own school. This as included links with a special school for our SEND children.	Lumbertubs will enter more competitions next academic year both across the county and local schools. More friendly matches will be arranged to give more children to opportunity to compete which at Lumbertubs
	Impact on PARTICIPATION On average, 82% of children have participated in a morning, after school club or attended a competition this academic year.	
	Impact on ATTAINMENT Children have experienced competing against other children from other schools and 100% of children have had an experience of competition this academic year.	

SWIMMING: MEETING THE NATIONAL CURRICULUM REQUIREMENTS FOR SWIMMING & WATER SAFETY

- Swimming is a national curriculum requirement
- The 3 requirements for swimming and water safety are that by the end of key stage 2 pupils should be taught to:
 - swim competently, confidently and proficiently over a distance of at least 25 metres
 - use a range of strokes effectively, for example, front crawl, backstroke and breaststroke
 - perform a safe self-rescue in different water-based situations

You can use your funding for:

- Professional development and training that are available to schools to train staff to support high quality swimming and water safety lessons for their pupils
- Additional top-up swimming lessons to pupils who have not been able to meet the 3 national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons.

At the end of key stage 2 all pupils are expected to be able to swim confidently and know how to be safe in and around water

Schools are required to annually publish information on the percentage of their pupils in year 6 who met each of the 3 swimming and water safety national curriculum requirements

Outcome	% of pupils achieving outcome				
	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023
Swim competently, confidently and proficiently over a distance of at least 25 metres	10/29 = 34%	N/A due to COVID19	9/30 = 30%	40%	13/30 = 43%
Use a range of strokes effectively; front crawl, backstroke and breaststroke	10/29 = 34%	N/A due to COVID19	9/30 = 30%	40%	13/30 = 43%
Perform safe self-rescue in different water-based situations	27/29 = 93%	N/A due to COVID19	27/30 = 90%	96%	28/30 = 93%
The premium may also be used to provide additional top-up swimming lessons to pupils who have not been able to meet the national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons. At the end of key stage 2 all pupils are expected to be able to swim confidently and know how to be safe in and around water. Have you used any funding for this purpose?	No	N/A due to COVID19	No	No	No

PE & SCHOOL SPORT DEVELOPMENT PLAN

2022/2023 Funding ✓ Must be allocated and spent by 31 st July 2023		<i>£16,000 + £10 per pupil (Year 1 – Year 6)</i>	<i>SUB TOTAL</i>	<i>£17,710</i>
			<i>GRAND TOTAL</i>	<i>£16163.83 (91%)</i>
Key outcome indicator 1: Increased confidence, knowledge and skills of all staff in teaching PE and sport	Planned Expenditure: % of total allocation:	<i>£500</i>	Actual expenditure: % of total allocation:	<i>£0</i> <i>0%</i>
Key outcome indicator 2: Engagement of all pupils in regular physical activity	Planned Expenditure: % of total allocation:	<i>£2000</i>	Actual expenditure: % of total allocation:	<i>£2238.78</i> <i>13%</i>
Key outcome indicator 3: Profile of PE and sport is raised across the school as a tool for whole-school improvement	Planned Expenditure: % of total allocation:	<i>£5000</i>	Actual expenditure: % of total allocation:	<i>£7345.60</i> <i>41%</i>
Key outcome indicator 4: Broader experience of a range of sports and activities offered to all pupils	Planned Expenditure: % of total allocation:	<i>£10000</i>	Actual expenditure: % of total allocation:	<i>£6481.65</i> <i>37%</i>
Key outcome indicator 5: Increased participation in competitive sport	Planned Expenditure: % of total allocation:	<i>£210</i>	Actual expenditure: % of total allocation:	<i>£426.58</i> <i>2%</i>

Key outcome indicator I: Increased confidence, knowledge and skills of all staff in teaching PE and sport

INTENT	IMPLEMENTATION			IMPACT	
Objective/intended impact What do you want to achieve?	Actions to achieve Outcome What do you need to do to achieve your intentions?	Planned funding	Actual funding	Outcome What have you achieved? How many people have benefited? What is the impact on pupils/whole school?	Sustainability / Next Steps How will this outcome be sustained or further developed in 2022/2023?
To continue to monitor the PE scheme of work which covers the national curriculum at a high standard	- To support teacher confidence in regards to the delivery of the scheme. - Publish a yearly PE overview which clearly shows the coverage of skills and sports	£0	£0	2021-2022 tracking: - Continue to embed GetSet4PE in the next two academic years and review. Renewal date in September 2023 2022-2023 tracking: - PE observations to ensure consistency of scheme	Continue to embed GetSet4PE in the next academic year and review. Teachers are more confident with the progression of PE in all areas due to the support of the programme.
PE lead to attend NSP training sessions where applicable	- To keep up to date with training NSP offers and place staff on training where applicable. - Share outcomes of any training with staff at staff meetings/briefings.	£150	£0	2021-2022 tracking: Signed up to emails so we are aware of the latest events going on around the county. 2022-2023: Training was not relevant to what the school needed	Continue to keep up to date with any further training as well as ensure that school is following all requirements in 'Keeping Safe in PE'

Key outcome indicator 2: Engagement of all pupils in regular physical activity

Key outcome indicator 2: Engagement of all pupils in regular physical activity					
INTENT	IMPLEMENTATION			IMPACT	
Objective/intended impact What do you want to achieve?	Actions to achieve Outcome What do you need to do to achieve your intentions?	Planned funding	Actual funding	Outcome What have you achieved? How many people have benefited? What is the impact on pupils/whole school?	Sustainability / Next Steps How will this outcome be sustained or further developed in 2023/2024?
To embed the play makers programme at lunchtimes to ensure full inclusivity of all pupils and the provision of engaging/interesting activities led by children	- Play makers to fully embrace the responsibility to try and teach children new playground games at lunchtimes - Lunchtime supervisor to take responsibility for supporting play leaders and their delivery - Regular training (once a term) for all play leaders to provide activity ideas and leadership strategies	£100	£0	2021-2022 tracking: - Play markers course booked for January 2022 to train year 4 and 5 students up to become play makers which they can then continue in the next year. 2022-2023 tracking: - Meeting with the children every term to discuss what is going well and what else needs to happen - Monitor the impact of play makers by monitoring the playground activity	Support the playmakers to have a thorough plan of their role within school.
To adapt Breakfast club provision to provide opportunities for exercise/sports.	- Exercise to be part of Breakfast club at least once a week. - Use of the hall/playground for children to engage in sports/exercise after breakfast has been eaten.	£2000	£2238.78	2021-2022 tracking: - Give the Breakfast club staff the GetSet4PE login so that they can access the quick videos 2022-2023 tracking: - Children have a sport coach once a week to engage them in physical activity during breakfast club	Continue to have an 'invite only' Breakfast Club' to support those children who do not have any sporting clubs outside of school.

Key outcome indicator 3: Profile of PE and sport is raised across the school as a tool for whole-school improvement

INTENT	IMPLEMENTATION			IMPACT	
Objective/intended impact What do you want to achieve?	Actions to achieve Outcome <i>What do you need to do to achieve your intentions?</i>	Planned funding	Actual funding	Outcome <i>What have you achieved? How many people have benefited? What is the impact on pupils/whole school?</i>	Sustainability / Next Steps <i>How will this outcome be sustained or further developed in 2023/2024?</i>
To closely monitor club attendance and to target hard to reach families and children	- Club specifically designed for gifted children in our school termly with no cost to get them competition ready - Pupil premium children to use their allowance to attend a club to increase participation - Invite only club to raise the profile of physical education and give children the opportunity to participate in a club free of charge	Included in key indicator 1	Included in breakfast club costing	2021-2022 tracking: Registers to track which children are participating in after school clubs to ensure that all children get a sport opportunity throughout the year 2022-2023 tracking: Tracking indicates which children have not taken part in a club which then gives the children the opportunity to be invited	Continue to have an 'invite only' Breakfast Club' to support those children who do not have any sporting clubs outside of school.
To raise the number of children engaged in extra-curricular clubs particularly the engagement of pupil premium children.	- To provide a wide range of sports within the school's extra-curricular club timetable to increase interest and engagement - Closely track and monitor competition attendance - Personally, invite children to attend clubs (target hard to reach children – least active) - Use of pupil premium funding to subsidise club attendance - To invite identified Gifted children in sport/pe to attend clubs free of charge to encourage access/engagement	£5000	£7345.60	2021-2022 tracking: - Registers to track which children are participating in after school clubs to ensure that all children get a sport opportunity throughout the year 2022-2023 tracking: - Timetable more clubs so there is a more variety for children to become engaged with physical activity - Pupil premium children can use allocated money to support club attendance - Invite only clubs to allow children to become more active who do not	Free clubs for Pupil Premium children using their Pupil Premium money to encourage higher attendance of club participation.

	To use the sports premium funding to provide varied and accessible extra-curricular opportunities for the children.			necessarily get the opportunity outside of school	
To increase and raise the level of activity throughout the school day	- Increase equipment available for the children to use which they may not have access to outside of the school gates - The use of the play equipment for children to explore ways of moving around - Have play leaders to lead sporting activities so that more children are engaged with sports at lunch	£500	£0	2021-2022 Tracking: - The bottom playground has had improved surfacing so that children can now access the play equipment - The top playground has been improved with new play equipment which will enable the children to become more active at lunchtimes. 2022-2023 tracking: - Play Makers have a role to teach children how to play certain group games as this was a skill they were lacking	Continue with the playmakers next year to promote different playground games next year.
To increase regular inspirational visitors and assemblies	- To invite local sporting stars within the community to share their successes and once again inspire students - To plan in regular whole school assemblies which motivate and inspire pupils to engage in sports/activity both within school and out - To plan in Fit for Life week	£100	£0	2021-2022 tracking: - Working with Northampton Saints foundation during Fit4Life week 2022-2023 tracking: - Continue to liaise with Northampton Saint Foundation to invite players into the school. Bernie, the Saints mascot, has been in for Sports Day assembly.	Continue to reach out to inspirational people so the children are exposed to a variety of visitors.

Key outcome indicator 4: Broader experience of a range of sports and activities offered to all pupils

INTENT	IMPLEMENTATION		IMPACT	
Objective/intended impact What do you want to achieve?	Actions to achieve Outcome <i>What do you need to do to achieve your intentions?</i>	Planned funding	Actual funding	Outcome <i>What have you achieved? How many people have benefited? What is the impact on pupils/whole school?</i> Sustainability / Next Steps <i>How will this outcome be sustained or further developed in 2023/2024?</i>
To offer British Gymnastics grading within our extra-curricular gymnastics' clubs.	• Sports coach to use grading assessments to award badges. • Pupil premium funding used to support cost of badges (parental contribution) • School to track level/number of badges achieved. • Celebrate awards via celebration assemblies/twitter and on the hall of fame display to raise the profile of sporting achievements within the school.	£2000	£1400	2021-2022 tracking: • GLK offer awards out to the children who attend the clubs as part of the package 2022-2023 tracking: • Hold Gymnastics session after school and track the attendance • Track the children who have achieved certificate and badges • Compete in Gymnastics competitions
Fit for life week to allow children to access a variety of different sports and to raise the profile of sport and healthy lifestyles, whilst inspiring children to partake in physical activity both inside and outside of school.	• To organise a jam-packed week of activities which allows children to explore and try new sports/activities and explore the ethos behind healthy living • Engage with various local providers and sporting stars within the local community • Northampton Saints foundation programme • KITS academy in for Fit for life week • GLK offering a variety of sports	£2000	£906.65	2021-2022 tracking: • Northampton Saints Foundation booked for a session on healthy eating with every class • Dan the skipping man to have a transferable skill which they can use to keep active at break and lunch times. • Opportunities to try new sports such as fencing, archery, new age curling, rhythmic gymnastics and trampolining • CPD for teachers during these session of how to deliver the sessions Teachers have seen a variety of different sports being taught and can use some of these skills in their own PE lessons for next academic year. Children to use the skills and knowledge from the sessions to apply to their own lessons.

				2022-2023 tracking: Fit 4 Life week including sporting days for new sports	
Work with Northampton Saints Foundation to support the children and teachers in the Healthy Eating aspect of life and give them the subject knowledge to make healthier choices	Arrange with Northampton Saints to carry out programmes with the children so they sustain a healthy lifestyle but physically and mentally.	Year 5/6 £1000 Year 3/ 4 £1000 Year 1/ 2 £100 N/R £500 N £500	£4000	2021-2022 tracking: - All children at Lumbertubs had the opportunity to work with Northampton Saints Foundation this academic year - Programme was targeted at different years groups whereby there was theory and practical sessions 2022-2023 tracking: - Working on the programme 'Tackling Health' for all year groups from Year 1 to Year 6 to support a healthy lifestyle	Continue to work with Healthy Schools to try and gain Bronze award. Incorporate Healthy lifestyles through display work and assemblies.
Work with Healthy Schools Northampton to gain knowledge and understanding of all pupils and how best to support them	- Carry out surveys around sporting activity - Carry out surveys around healthy eating - Implement areas where children need support in	£0	£0	2022-2023 tracking: Regular meetings with Healthy Schools to support the programme across Lumbertubs	Continue to work with Healthy Schools to try and gain Bronze award. Incorporate Healthy lifestyles through display work and assemblies.
Offsite visit to places where a variety of sports are played as well as adventurous activities to give the children different experiences	- Year 6 residential support for adventurous activities - Year 5 residential support - Year 4-day camp with sporting activities - Year 3 Sporting Activity Day	£2000	£175	2022-2023 tracking: Activity day at Benham for Year 3 to expose them to different sporting events.	Continue to arrange residential next year as well as any free offers in the local community to support with exposing children to new events.

Key outcome indicator 5: Increased participation in competitive sport

INTENT		IMPLEMENTATION		IMPACT	
Objective/intended impact What do you want to achieve?	Actions to achieve Outcome What do you need to do to achieve your intentions?	Planned funding	Actual funding	Outcome What have you achieved? How many people have benefited? What is the impact on pupils/whole school?	Sustainability / Next Steps How will this outcome be sustained or further developed in 2023/2024?
To increase numbers of children involved in competitive sport	- Closely track and monitor competition attendance - Provide opportunities for competition practise within extra-curricular clubs to raise confidence - Sporting star certificates given after each competition in celebration assembly to the children who demonstrated the school games values during each event 100% of children compete in sports day	£0	Taxis £426.58	2021-2022 tracking: - NSP competitions booked in for every year group so there is an opportunity to compete against other schools - SEND children to have competitions with Billing Brook - Invite only breakfast club - Transport to competitions 2022-2023 tracking: 6 events schedules through Northamptonshire Sport - Links with local schools	Try to involve as many children as possible in a competition with another school next academic year.
To ensure Inter School Games competitions take place within school each term.	- To end each PE topic with an inter-school competition. - Competition layout to be taken from the school games format - Use School Games website to support planning of competitions - Awards given to child who demonstrate school games values via GLK	£0	£0	2021-2022 tracking: - At the end of each unit, sports coach has competition with class - Sports Day to give all children the opportunity to take part in a competition. - Medals and awards handed out. 2022-2023 tracking: - Class competitions against each other took place.	Organise competitions across year groups next year so that children have the opportunity to play against each other.

To raise the number of SEND students involved in competitive sport throughout the school	- To liaise with Billing Brook Primary School to organise regular cluster competitions specifically targeted at SEND pupils in sports and games - Track attendance of SEND pupils involved in competitions and after school clubs	£50	£0	2021-2022 Tracking: - Connections with Billing Brook School to ensure SEND children are given opportunities to compete in archery 2022-2023 tracking: - Sports festival with a local Special school to give SEND children an opportunity to try new sports.	Continue to use local links to support SEND children to participate in sporting activities.
Introduction of weekly competition practise sessions to prepare children for future competitions.	- Provision of an extra –curricular club which allows children to prepare for up and coming competitions using the school games format/skills. - Competition yearly overview which allows the planning and correct timings of such practise sessions.	£60	£200	2021-2022 tracking: - Gymnastics competition practise for children selected to take part in the event 2022-2023 tracking: - Children preparing for competitions to enable them to be confident	Allow children to have the opportunity to practice the sporting skills before the competition to try and achieve higher scores when competing.

Completed by:	Emilie Harbottle	Date:	19.07.2023
---------------	------------------	-------	------------

Document updated	November 2022	January 2023	March 2023	July 2023
------------------	---------------	--------------	------------	-----------